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# The Bad Kids: Teacher Self Care and Social and Emotional Learning in Safe and Inclusive Schools

Laurel Wyckoff  
Education and Outreach Manager  
New Mexico PBS

**Rising Up!**  
**Taking Charters to New Heights**

**2017 Annual Conference**



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For purposes of discussion,  
please sit with your charter  
school colleagues if possible.

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# The Bad Kids, A documentary by Keith Fulton & Lou Pepe



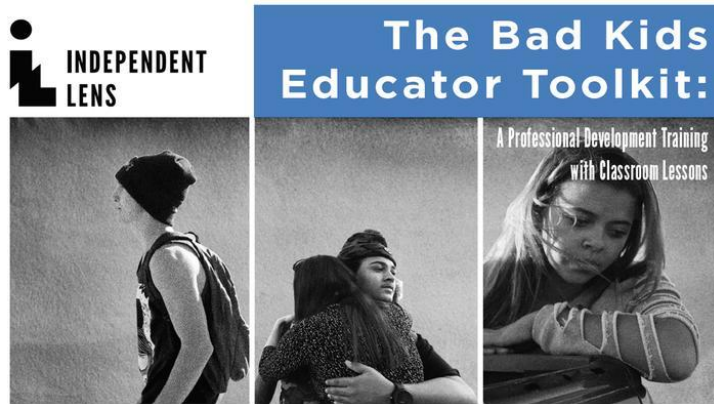
“These students are the greatest untapped resource our country has. They’re full of potential. If we cast them off, we waste that resource instead of advancing them to be productive members of society.”

—Principal Vonda Viland,  
Black Rock High School

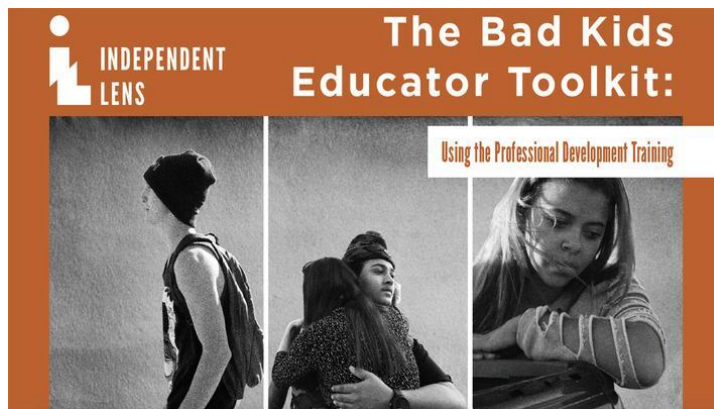
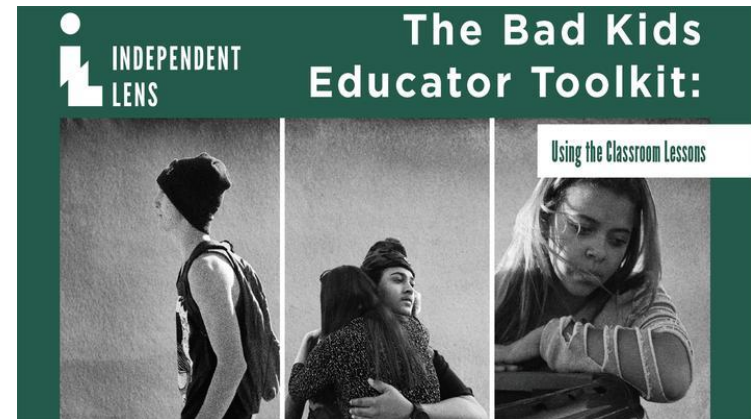


# Resources from the Film

## For Educators



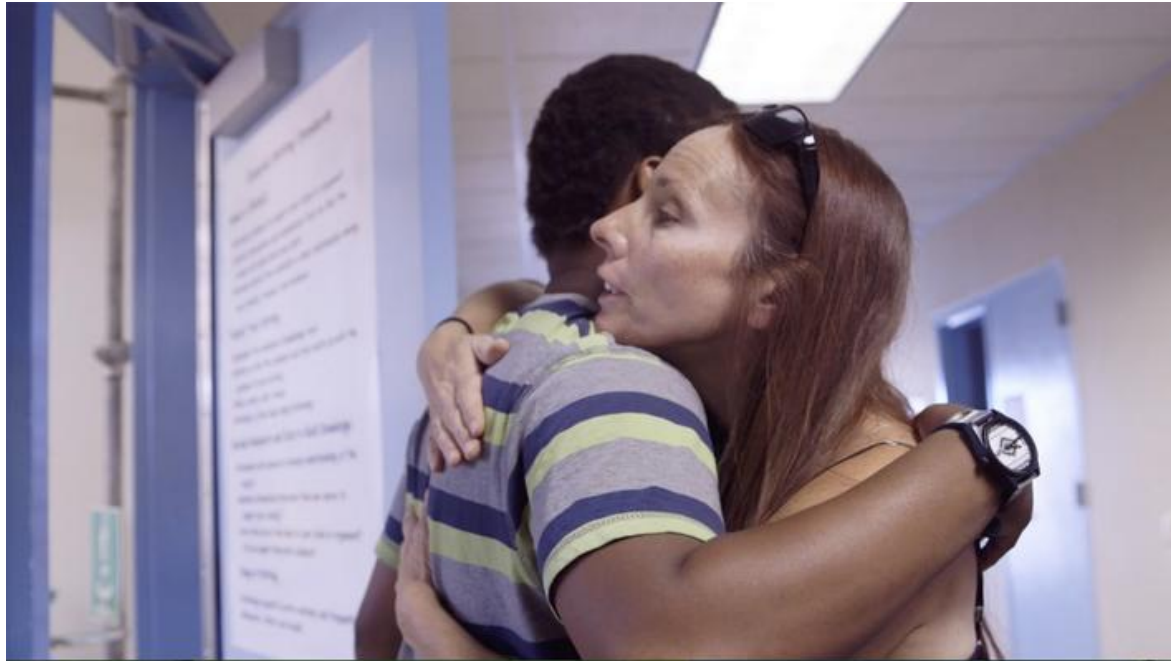
## For Classroom and Community





**PBS LearningMedia™**

# A Note On Self Care



Trailer





# Staff Meeting: Self Care



# Discussion Questions

- What are the implicit and explicit values at Black Rock that are evident in this small conversation from the film?
- What is required from teachers at this school in order to practice these values?
- What does this conversation illustrate about the value of self-care at Black Rock?
- What is the relationship between teachers practicing self-care and students' social, emotional, and academic growth?
- What steps or actions do you and your team take for self-care? Is there a healthy balance between home, family, and work?
- Can you point to any examples in which self-care is compromised and compassion fatigue may be developing at your school?



# Social and Emotional Learning in Safe and Inclusive Schools

## GOALS for this activity

- Define the parameters of social and emotional learning.
- Understand how feeling safe and included at school contributes to academic achievement and enables the development of critical social-emotional skills.
- Develop practices that encourage students to elevate their emotional intelligence and feel empowered by their intention and self-control.





# Social and Emotional Learning in Safe and Inclusive Schools

## Key Terms

- Safety and Inclusion
- Social and Emotional Intelligence / Social-Emotional Learning
- School Culture



# Discussion Questions

- What does “safe and inclusive” mean to you?
- What are signals you have seen when students feel safe and included?
- Why does safety matter when teaching social and emotional learning?
- What value does social and emotional learning have?



# The Social and Emotional Learning Framework



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# The SEL Framework

- The Collaborative for Academic, Social, and Emotional Learning (CASEL) is the leading voice on the integration of social and emotional learning with academics.
- CASEL uses this framework to explain the core elements of SEL.
- Take a moment to review the handout.



# Inside the Minds of Blackrock Students



# Inside the Minds of Black Rock Students





# AJ's Character Profile



# Discussion Questions (part 1)

- What practices are in place at Black Rock High School that create a safe and inclusive learning environment?
- What has to happen for students who have been systematically excluded from traditional school settings to feel included?
- The students at Black Rock are very supportive of one another, from offering emotional comfort to living space when it's necessary to helping the school locate students who do not show up. What does it take to create that kind of support?
- How do we see students at Black Rock expressing their emotions?



# Discussion Questions (part 2)

- When home life is uncertain, we see Black Rock stepping in with an unusually personal model of engagement and student support. What can we learn from the interplay of home and school support?
- What boundaries are essential to keep in mind and respect?
- What do the students at Black Rock High School teach us about the role of self-expression in their learning and education? How does AJ's Character Profile illustrate the importance of self-expression and the student voice at Black Rock?
- Taking a closer look at AJ's story, how did Black Rock support AJ in achieving his goals?



# Wrap Up – Black Rock High School Customs and Practices

At Black Rock High School a Customs and Practices document outlines the best practices, structures, and policies of the school (Handout).

- Read the document once.
- Select one custom or practice that can directly strengthen and foster an emotionally safe and inclusive learning environment.
- Prepare a few talking points to explain your reasoning.
- Discuss and share your summary at your table.
- Share highlights of you discussion with the whole group.



Laurel Wyckoff  
Education and Outreach Manager  
[lwycckoff@nmpbs.org](mailto:lwycckoff@nmpbs.org)  
505-277-8296

